## **How to View Stereo Photographs**

If using stereo glasses, place them above the photo as shown in Fig. 1. Adjust the lenses so that they are centered below your eyes.

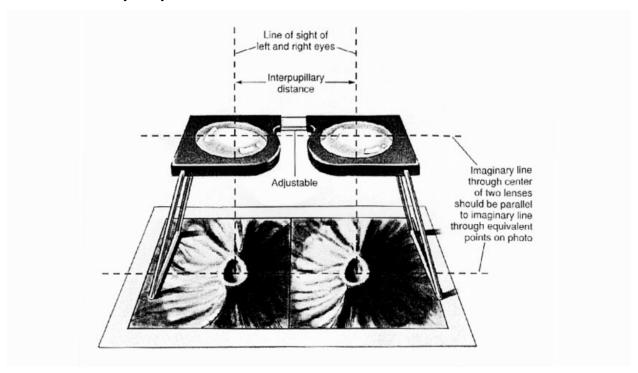
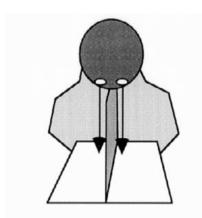


Fig. 1. Proper placement of stereo glasses (from Jones, 1995).



**Fig. 2.** Viewing stereo photos without using stereo glasses.

If glasses are not available, use a thin piece of cardboard, approximately 8.5 x 11. Place the cardboard upright on the line that divides the stereo pairs and look down over the cardboard so that easy eye is looking down on a different side of the cardboard (Fig. 2).

Focus on a distinguishing point on the photo and try to bring that point from each photo together until they are one. If there is no easy point for your eye to pick out, mark a small X at an identical spot on each photo and try to bring these two points together. If you can not write on the photos, place your forefinger from each hand at the identical spot on each photo and try to bring your fingertips together visually. Focus until the image is no longer blurry and it should appear three dimensional.